

## Wellsford Exchange Day Format and Draw

The focus for the day is sportsmanship, skill and fun.

9:30 approx - Powhiri to welcome Wellsford.

### Draw

| <b>Time/Code</b>   | <b>10:10 - 11:10</b> | <b>11:15 - 12:15</b> | <b>12:20 - 1:20</b> |
|--|----------------------|----------------------|---------------------|
| <b>Soccer - 1hr approx</b><br>25 minute halves<br>Field @ MBS      | Year 5/6             | Year 3/4             | Year 7/8            |
| <b>Unihoc - 1hr</b><br>15 minute quarters<br>Astroturf             | Year 3/4             | Year 7/8             | Year 5/6            |
| <b>Netball - 40 mins</b><br>10 minute quarters<br>Front courts     | Year 7/8             | Year 5/6             | Year 3/4            |
| <b>Rippa / Quick Rip - 40 mins</b><br>20 min halves<br>Field @ MBS | Year 3/4             | Year 7/8             | Year 5/6            |
| <b>Basketball - 40 mins</b><br>10 minute quarters<br>MBS Gym       | Year 5/6             | Year 3/4             | Year 7/8            |

### Points

Win = 3pts

Draw = 2pts

Loss = 1pt

There are no specific break times scheduled. Students and teachers to break/eat between games.

1:30pm Meet back in the gym for prize-giving