

Memo : To all teachers with Yr 3-8

Re: Swimming Sports

Thursday 7 March

8.55.am—meet on the front courts promptly, sit in house teams

9.10 am Leave school

9.45 am Arrive Rodney College and get changed, children to sit in house areas (can wear house colours, no paint or dye).

Children receive **5** House points per race they enter.

Heats will be run as quick as possible may stop for a break at lunch –time permitting

Medley- Backstroke, Breaststroke, and Freestyle last

Only those students who can do the correct technique will be able to enter the breaststroke and medley events. This is important as only correct strokes can be placed and qualify for inter-school events. Judges decision is final.

Heats are timed for best 8 for semis and final.

Width event for non swimmers at the end

Children will need:

Togs and swim cap

Drink

Packed Lunch

2 towels for the day. One to have on the bank with them and one for getting themselves dry afterwards. **All items named please.** They will also need hats mandatory and a sweatshirt/t shirt- in case of hot or cold weather.

Responsibilities/Duties

Marshall- Lance/Martin/ Parent- (time marshall)

Starter – Lance

Recorders - Andie, Susan

Crowd Control- Martin/ Aaron

Announcer- Lance

False Starter- Lance

Time Keepers:

Lane 1- Natalie

Lane 2- Andrea

Lane 3- Jamee

Lane 4- Kim Eagle

Lane 5-Sandra Brunt

Lance 6- Parent

NB. Time keepers bring a chair for between races and sunhat , thermos, water etc

Thank you for your assistance in making this day a success.

Equipment to take - 2x desks and chairs, stopwatches x10, pens, clip boards, sunscreen, first aid kit, highlighters, recording pads(small), recording sheets, false starting rope, black plastics for lost property, loud speaker, whistle, shade umberellas, clappers, 20xflutter boards

Regards

Lance